

EASTERN SIERRA UNIFIED SCHOOL DISTRICT
ATHLETIC/EXTRACURRICULAR ACTIVITIES CODE
Revision effective as of January 1, 2020

8/28/19

I. PREAMBLE

THIS CODE GOVERNS THE CONDUCT OF ALL ESUSD STUDENTS WHO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS AND ANY OTHER EXTRACURRICULAR ACTIVITY. VIOLATION OF A PROVISION OF THIS CODE WILL RESULT IN SUSPENSION OR TERMINATION OF THE PRIVILEGE TO PARTICIPATE IN THOSE ACTIVITIES.

II. STATEMENT OF PURPOSE

The Board of Trustees of the Eastern Sierra Unified School District, in association with the State Department of Education, the Nevada Interscholastic Activities Association and the California Interscholastic Federation, supports a strong, wholesome interscholastic program as an integral part of the educational processes for students attending our schools.

These rules and regulations impose additional standards of conduct for those participating in athletics/activities because these students elect to represent the schools, receive greater public recognition, and thus are emulated by others.

Student-athletes in ESUSD are required to meet educational objectives that provide a major contribution to fitness of the participant through (1) development of, and appreciation for, health and physical fitness; (2) learning the “give and take” essential to environmental adjustment, appreciating the values of sportsmanship and cooperation in good citizenship; and (3) gaining self-discipline in order to be prepared for the future. We, the administrative team of ESUSD, assert our belief in the value of athletics as a major contribution to the physical and moral stature of young people. It is our intent to provide an opportunity for athletic participation to as many students as possible, without sacrificing academic excellence. It is also our philosophy that the opportunity to participate in athletics is a privilege that is earned through academic excellence, leadership and excellent behavior. It is our expectation that the student-athletes in ESUSD are not only the best athletes on our campus, but that they are also our best students and citizens.

Student-athletes at ESUSD will be held to a higher standard of expectations concerning academics and citizenship.

ESUSD is committed to the highest standards of scholarship, sportsmanship, teamwork and citizenship. Our mission is to promote the total person concept in its student-athletes that stresses the abilities to excel in academic achievement, athletic competition and positive character traits.

III. DISTINCTION BETWEEN DISCIPLINE OF STUDENTS AND REGULATIONS OF ATHLETIC ACTIVITIES

The Athletic/Extracurricular Activities Code is distinct from and in addition to the Education Code and the District’s Student Code of Conduct. All students who violate

the Education Code and the District's Student Code of Conduct are subject to student discipline, including counseling, detention, community service, suspension and expulsion from school. The Athletic/Extracurricular Activities Code sets a higher standard of behavior with which students must comply to participate in athletic and extracurricular activities.

IV. AGREEMENT TO FOLLOW ALL PREREQUISITES, RULES AND REGULATIONS

Prior to any activity participation, each student and his/her parents/guardian will file a statement with school officials (on a form provided by the school) that they have read and understand all prerequisites, rules and regulations governing athletic participation and that they agree to abide by all such prerequisites, rules and regulations. The penalty for violation of the agreement will include forfeiture of participation.

V. REGULATIONS GOVERNING STUDENTS ON AND OFF CAMPUSES

A. ALCOHOLIC BEVERAGES

Use or possession of alcoholic beverages by a student is prohibited at any time during the calendar year.

B. TOBACCO

Use or possession of tobacco in any form by a student is prohibited at any time during the calendar year.

C. ILLEGAL DRUGS/CONTROLLED SUBSTANCES

Use, possession, sale or distribution of any illegal drugs (marijuana, cocaine, etc.), drug paraphernalia or controlled substance (steroids, etc.) is prohibited during the duration of the calendar year.

D. CIVIL OR CRIMINAL OFFENSE (for matters not falling within A, B, and C above)

If civil or criminal charges are filed by the District Attorney or probation files a petition, the following administrative procedure applies.

Charged with any felony during the calendar year - student will become immediately ineligible and cannot participate until final disposition of criminal proceedings.

1. Dismissal of charges - regains immediate eligibility.
2. Felony charges upheld - continued ineligibility for specified time period indicated in the Athletic/Activity Control Code.
3. Reduced to misdemeanor - continued ineligibility for specified time period indicated in the Athletic/Activity Control Code.

Charged with ANY misdemeanor during the calendar year, the local school administration will determine the following:

Misdemeanor charges upheld - if the school administration determines that the student's conduct poses a threat to the discipline of the team or the welfare of the educational functions of the school, then student will remain ineligible for specified period of time indicated in the Activity/Athletic Code.

E. WILLFUL OR RECKLESS CONDUCT

Willful or reckless conduct which results, or is likely to result, in bodily injury or damage to person or real property is forbidden during the calendar year insofar as such conduct threatens the discipline and welfare of the school.

A student who receives an Alternative to Expulsion is ineligible for all Extra-Curricular Activities/Athletics until the penalty period of the student has been fully completed. In cases where the eligibility period, due to Alternative to Expulsion, differs from the Activity/ Athletic Control Code for a given offense, the student shall be ineligible for the longer period of time.

VI. COOPERATION DURING INVESTIGATION

As responsible citizens, students are expected to augment and support the District's efforts to hold participating students to the high standards required by this Code. This obligation, however, is not in derogation of an individual's constitutional right not to incriminate oneself. Nevertheless, this constitutional right does not encompass deception or lying to school staff investigating an allegation of misconduct. Deception and untruthfulness are violations of this Code.

Failure to comply with the above conditions may result in full expulsion from the athletic program for the duration of the student-athlete's future career.

VII. PARTIES/PRESENCE AT PARTIES WITH DRUGS

If a student-athlete attends a party where alcohol or drugs are being illegally dispensed, the student-athlete must leave the party and report their attendance to a coach or administrator by 10:00 a.m., on the following school day.

Following these procedures exactly exonerates the innocent athlete assuming that the athlete is not frequently showing up at these parties or that there is no corroborative information to indicate otherwise. However, a student-athlete failing to report attendance will be judged to have been in possession or guilty by presence. **LEAVING MEANS LEAVING IMMEDIATELY!**

VIII. WHAT CONSTITUTES CONFIRMATION?

Confirmation of a violation of your drug-free status may be provided by, but not limited to, any one of the following:

- An admission by the offending student athlete.
- A failure to provide the results of a medically conducted drug screening or test.
- A refusal to take a medically conducted drug screening or test.
- An abundance of circumstantial evidence with eyewitness support.
- The coach's evaluation of signs, symptoms and/or actions demonstrated by the student-athlete that would support the reasonable conclusion of a violation with the support of other circumstantial evidence or any eyewitness support.
- An extremely creditable eyewitness account.

IX. CONFIRMATION OF VIOLATIONS

Once confirmation of a violation of your drug-free status has been obtained under the terms of this program, you will be subject to, but not limited by, the following disciplinary actions, consequences and process. These actions are uniform throughout the athletic department for all teams and individuals of those teams.

X. ENFORCEMENT - PUNISHMENT-GUIDELINES

Each school shall be uniform in enforcing the regulations. If, after initial investigation by the Principal or his designee, there is substantial reason to believe that an offense has been committed, the athlete shall immediately forfeit the privilege of participation in activities/athletics pending a conference between the Principal, or his designee, the student and his/her parents.

A. When students from two or more member schools are involved in the same offense as outlined above, a joint investigation shall be conducted by officials from the schools where the students are in attendance. Consistent findings shall be made by the same officials from those schools.

B. If, following the parental conference (or if the parents do not choose to have a conference or do not contest the initial conclusion), a student is found to have committed the offense of violating regulations A and/or B as outlined above, the forfeiture of all activity/athletic privileges shall remain in effect for a period of nine (9) regular athletic school weeks. If a student is found in violation of regulations D or E as outlined above, he/she will forfeit all athletic privileges for a period of not

less than nine (9) or more than eighteen (18) regular athletic school weeks. If a student is found in violation of regulation C above, he/she will automatically forfeit the privilege of participating in athletics for a period of eighteen (18) regular athletic school weeks. A student who is to become eligible at the end of the period of ineligibility may start practice ten (10) weekdays prior to the time of becoming eligible.

C. When it is determined, by the same process as described in B above, that a student is guilty of a second Activity/Athletic Control Code violation (A, B, D, E), the student shall immediately forfeit the privilege of participating in any sport for a period of eighteen (18) regular athletic school weeks. If a student is found in violation of C for a second time, he/she will forfeit the privilege of participating in athletics for a period of thirty-six (36) regular athletic school weeks. A student who is to become eligible at the end of the period of ineligibility may start practice ten (10) weekdays prior to the time of becoming eligible.

D. When it is determined, by the same process as described in B above, that a student is guilty of a third Activity/Athletic Control Code violation, the student shall immediately forfeit the privilege of participating in any sport for a period of one calendar year.

If it is concluded that a student-athlete has violated regulations A or C above, they must participate in mandatory ESUSD drug testing each month for the period of twelve (12) school months.

The student must attend a documented Mono County or Inyo County drug and alcohol counseling program during their suspension.

The student must do fifteen (15) hours of school-approved community service during their suspension.

The parent or guardian of a suspended student will be informed of the jeopardy the student is in if he/she is suspended again. A meeting will be held with the student to review the suspension before the student is reinstated.

Violation	1 st Offense	2 nd Offense	3 rd Offense
#1 Alcohol #2 Tobacco	Forfeiture of all activity/athletic privileges for a period of nine (9) regular athletic school weeks	Forfeiture of all activity/athletic privileges for a period of eighteen (18) regular athletic school weeks	Forfeit the privilege of participating in any sport for a period of one calendar year
#4 Criminal	Forfeiture of all activity/athletic privileges for a period of (9-18) regular athletic school weeks	Forfeiture of all activity/athletic privileges for a period of eighteen (18) regular athletic school weeks	Forfeit the privilege of participating in any sport for a period of one calendar year
#3 Illegal Drugs/Controlled Substances	Forfeiture of all activity/athletic privileges for a period of eighteen (18) regular athletic school weeks	Forfeiture of all activity/athletic privileges for a period of thirty-six (36) regular athletic school weeks	Forfeiture of all activity/athletic privileges for the remainder of his/her time within the District and recommendation for expulsion

Students suspended from activity/athletic privileges will forfeit all opportunities for all league, school or team post-season honor.

XI. ENFORCEMENT PROCESS

The Eastern Sierra Unified School District has a uniform procedure for enforcement of the Athletic/Extracurricular Activities Code. During summer months, investigation and due process will begin on the site principal's first contract day of the next school year.

A. Upon receipt of information by the principal that a student athlete may have violated a provision of the Athletic/Activity Control Code, the principal shall conduct an immediate investigation. Whenever circumstances permit, the principal shall contact the student personally to give him/her an opportunity to rebut the allegations or explain the independent grounds for the student to lose participation privileges. If, after this initial investigation, the principal finds that the Code has been violated, the student shall be suspended from the privilege of participating in athletics/activities immediately, pending a parental conference.

The principal shall, within thirty-six (36) hours of the declaration of suspension of activity/athletic privileges, send to the student and his/her parents/guardians a written notification of violation and the opportunity for the parents to request a conference to be held with the principal. A student accused of misconduct has the right not to incriminate him/herself, the right to present evidence on his/her own behalf, and the right to question any adverse evidence considered. If the parents and/or student agree with the conclusions reached in the initial investigation by the principal or do not otherwise contest them within five (5) school days of notification, the suspension of activity/athletic privileges will become final and further appeal procedures will cease.

B. Whenever circumstances permit, the conference with the principal shall be held within five (5) school days. The student and his/her parents may present any pertinent information to the principal at the time of the conference.

The principal may question any person and may continue the conference for a reasonable time in order to obtain any information deemed pertinent. Students may choose to exercise their right against self-incrimination, or their parents may exercise that right on their student's behalf.

At the conclusion of the conference, the principal shall determine whether a violation has been committed based on the evidence. If a violation has been established, the student shall lose activity/athletic privileges for the prescribed period. If no violation has been established, the student shall immediately be restored to participation or eligibility and his record shall be corrected accordingly.

The decision of the principal may be appealed to the district superintendent upon request by the parents within three (3) school days of the decision by the principal. Pending a decision on the appeal, the suspension of privileges ordered by the principal shall remain in effect.

The district superintendent shall schedule a conference with the parents and the student within five (5) school days of the request at which time he/she will review all of the evidence and render a decision.

Written notice of the district superintendent's decision shall be sent to the student and his/her parents within five (5) school days from the meeting with the superintendent, along with notice of the right to appeal the decision to an impartial administrative hearing panel of three (3) district administrators appointed by the district superintendent. This appeal is noticed by delivering a written request for a hearing to the ESUSD District Office not later than fifteen (15) days after the date of mailing of the notice of the superintendent's decision. If a hearing is requested, it shall occur not later than ten (10) school days after receipt of a request for a hearing. The hearing shall be conducted as nearly as possible in accordance with the procedures. THE DECISION OF THE HEARING PANEL IS FINAL.

XII. DRUG TESTING OF HIGH SCHOOL STUDENTS PARTICIPATING IN INTERSCHOLASTIC ATHLETIC COMPETITION

The governing board recognizes that illegal drug abuse by teenagers has been a persistent problem across the country for many decades. The health and safety risks to the nation's youth that is posed by this circumstance is serious. There is no evidence which suggests that our community is insulated from this long lasting and persistent national trend. It is the governing board's strongly held belief that losing even one of our youths to drug addiction is an unacceptable circumstance. In the recent past, circumstances have arisen suggesting that youth residing with our District may have been exposed to and may have used illegal drugs.

It is the belief of the governing board that a drug testing program will help protect the District's youths from this national epidemic by deterring the use of illegal drugs and detecting illegal drug use for the purpose of a timely referral to counseling and rehabilitation.

The governing board has received legal advice that the United States Supreme Court and the California Supreme Court permit schools to implement a student drug testing program subject to contingencies and limitations designed to make such a program consistent with student privacy rights granted under the United States and California Constitutions.

High School student athletes engaged in interscholastic competition, by the specific nature of the activities related to competition (such as changing clothes in a communal locker room, communal showers and communal bathrooms), voluntarily subject themselves to a diminished level of privacy. Consequently, the District's drug testing program shall be limited to only high school student athletes engaged in interscholastic competition.

All students wishing to participate in interscholastic athletics must sign a form consenting to the testing and their parents must give written consent to the testing. No student shall be tested without written parental consent.

All students participating in extracurricular interscholastic athletic competition may be tested at the beginning of the season. The initial testing should be done in conjunction with the requirement that the student undergo a physical examination before participating in the extracurricular interscholastic athletic activities.

If only a selection of the student athletes is to be tested, the selection shall be made by a systematic and random selection process shall be used.

Test results shall not be turned over to law enforcement.

Students shall not be subject to arrest, dismissal from school, student discipline or any academic consequence if they test positive for drugs.

Students have to repeatedly test positive or refuse drug counseling before being dismissed from school athletics.

A student may test positive for drugs twice and still be allowed to participate in interscholastic athletic competition.

The testing procedures are set forth in the District's BP 5131.61.

A. PROCEDURES IN THE EVENT OF A POSITIVE RESULT

Whenever a student's urinalysis test result indicates the presence of an illegal drug or banned substance or adulteration, the following will occur:

1. First Positive Result

After the first positive test, the student's parents are notified and if the student wishes to continue to participate in inter-scholastic athletic competition, a second urinalysis will be

administered as soon as possible to confirm the result of the first. If the second urinalysis is negative, no further action is taken, and the student may continue to participate in interscholastic athletics.

2. Second Positive Result

If the second urinalysis is also positive, the school principal convenes a meeting with the student and his/her parents. The student may continue to participate in the athletic activity if, within five (5) days of the meeting, the student shows proof of receiving drug counseling and agrees to submit to another urinalysis in the next two weeks.

3. Third Positive Result

If the student again tests positive, he/she shall be suspended from participation in the athletic activity for fourteen (14) days, must complete a substance abuse counseling program as prescribed by the school, and must agree to submit to monthly drug screens and urinalysis as may be prescribed by the District.

4. Fourth Positive Result

After another positive urinalysis, the student shall be suspended from participating in athletic activities for the remainder of the school year. The student is then retested prior to the start of the next season if he/she wishes to compete.

B. ACADEMIC ELIGIBILITY STANDARDS FOR EXTRA-CURRICULAR AND CO-CURRICULAR ACTIVITIES

The governing board recognizes that extracurricular activities enrich the educational and social development and experiences of students. The District shall encourage and support student participation in extracurricular activities without compromising the integrity and purpose of the educational program.

In order to encourage and promote academic excellence, all students participating in extracurricular activities shall demonstrate satisfactory minimum progress in meeting the requirements of graduation by undertaking the prescribed course of study established by the District.

In order to be eligible for participation in extra/co-curricular activities, a student shall have earned a minimum of 2.0 or "C" grade point average during the preceding quarter grading period.

The following academic eligibility standards apply to students representing the school in extracurricular activities including Athletics, Student Body Members, Academic Olympics, Drama Production, Mock Trial, FFA and Mathcounts.

1. Must reside with a parent or legal guardian within the boundaries of the ESUSD attendance area or meet California Education Code attendance requirements.

2. Must not have attained his or her twentieth (20th) birthday before September 1 of the current school year.
3. Must have earned during the previous quarter no unsatisfactory citizenship grade.
4. Must not fall below a 2.0 G.P.A. with no “F” grades during the season if the season extends into an additional academic quarter.
5. Must have earned a “C” average or 2.0 G.P.A. on the preceding quarter grading period with no “F” grades.

Students who are ineligible as a result of spring semester grades may, at their request, include courses taken in the following summer session in the recalculation of their eligibility along with the spring semester grades: (a) If the student took a course in summer school that was the same course as one taken during spring semester, the grade in the summer school course will replace the spring semester course grade and then the G.P.A. will be figured; and (b) If a student attends summer school and takes a course or courses that are not repeats of spring semester classes, then the summer school grade is figured into the spring semester G.P.A.

Eligibility for a freshman student will be determined at the end of the student’s first grading period in high school.

Grades and citizenship of student-athletes will be checked every week. A student-athlete who falls below a “C” grade in any class or whose citizenship grade is unsatisfactory in any class will be declared ineligible at the beginning of the next week. (A week is defined as Monday thru Sunday.)

Students deemed academically ineligible due to weekly grade checks must report to the coach for scheduled practices.

XIII. MISCELLANEOUS ELIGIBILITY REQUIREMENTS

There will be a two-week trial period for first-time participants to determine if they desire to participate on this co-curricular team. After the two-week trial period, student-athletes will not be allowed to quit the team. Any student-athlete who quits a co-curricular team will not be allowed to rejoin the team and will be suspended from participation on the next co-curricular activity in which he or she chooses to participate for a period of six (6) weeks. A student-athlete may be allowed to quit a team with the approval of the principal and parents for safety reasons or for the best interest of the team without consequence to the student-athlete.

The principal may authorize student-athletes to participate on another organized team or event engaged in any sport or program not associated with NIAA or CIF.

All issued equipment and uniforms must be returned. If equipment or uniforms are lost or not returned at the end of the season, the student-athlete and his/her parents will be billed for the replacement cost. Students will not participate until payments are made.

Post season awards may be given at the coach's discretion. A student-athlete who violates athletic policy, which causes he/she to be ineligible to participate in the remainder of the contests, shall be ineligible for any post-season athletic awards or league honors. This policy includes any student-athlete who fails the grade eligibility requirement.

Student-athletes are expected to dress appropriately for all away contests regardless of departure time. Coaches may require student-athletes to follow a team dress code on game days. Student athletes must abide by ESUSD school board policy pertaining to the dress and grooming code for practices and games. In addition, all jewelry (including, but not limited to, earrings, naval rings, tongue rings, etc.) must be removed prior to practices and contests in order to be permitted to participate. Student-athletes must abide by the ESUSD Discipline Code during all extracurricular activities.

Any student-athlete who is absent or tardy without an excuse through the office during any part of the day before a scheduled practice, scheduled contest or travel day after a scheduled contest will not be permitted to participate in the next contest. Prearranged medical or legal appointments must be cleared in advance with school administration. If a student-athlete needs to miss school due to an illness or emergency, the parent/guardian must call school prior to the beginning of classes.

Student-athletes who violate the ESUSD Discipline Code will be subject to the following progressive consequences:

1. Second offense under Disruptive Behavior A will result in suspension from the next contest.
2. First suspension from school will result in a one-week suspension from practices and contests for each day suspended. (The student is required to attend practices but may not participate in practice activities.)
3. Second suspension from school will result in immediate removal for the remainder of the sports season.

Transportation will be provided to and from away contests. Students must utilize school transportation to away contests in order to be allowed to participate in away contests. Parents often choose to provide return transportation for their child. Parents are permitted to provide return transportation for their child. Parents must sign their child off of the bus with the bus driver or head coach at the conclusion of the contest or last contest to be played of each trip. Parents may request written permission prior to the departure date to have their child released to a designated individual to be approved by the principal. This must be done on a trip-by-trip basis.

Student-athletes must obtain prior permission from their coach to be excused from practice. The head coach has the authority to sanction student-athletes who are absent from practice without prior permission. First unexcused absence will result in a one game suspension, second unexcused absence will result in a two-game suspension and the third unexcused absence will result in dismissal from the team.

XV. PRINCIPAL

A. PRINCIPAL SHOULD:

1. Vigorously influence and enforce sportsmanlike attitudes and conduct of the teams, coaches, and general student body.
2. See that their activity/athletic program is a program to develop a well-rounded student. Its secondary function is to provide spectator entertainment.
3. See that there is no undue pressure put on the coach and students to win. The principal's message should be: "You perform to win, but you do so in a sportsmanlike manner."
4. Interpret the activity/athletic program to the teachers, students and spectators.
5. See that the school has a well-disciplined student body developed through a sportsmanship code.
6. See that there is a clear understanding with spirit groups about their roles for developing school spirit.
7. Encourage staff members to attend contests.
8. Have good working relationship with the activity/athletic departments, delegating authority and responsibility.
9. Have a good working relationship with law enforcement agencies.
10. Have a good working relationship with the District and all District schools.

B. PRINCIPAL SHOULD NOT:

1. Display displeasure regarding normal partisan actions of opposing spectators, students, players, or coaches during the course of the contest, visibly or vocally express displeasure with an official of a contest during the course of that contest.
2. Express displeasure after the contest except in the proper and approved manner.

3. Allow unsportsmanlike conduct to be exhibited by a principal's own student body during the course of the contest.
4. Condone illegal action regarding eligibility of students by coaches, student body, activity/athletics director or staff.
5. Apply or condone a "double standard" for students in co-curricular programs regarding student body rules and regulations.

XIV. ACTIVITY/ATHLETIC DIRECTOR

The major responsibility for the preparation and organization of any activity/athletic event rests with the activity/athletic director. In cooperation with the principal and the coach, the activity/athletic director sets the stage for the contest. Farsighted contest preparation will be conducive to good spectator behavior.

A. AN ACTIVITY/ATHLETIC DIRECTOR SHOULD:

1. See that good advance publicity is given to each contest, and keep the public informed about site, date, time, or any late change in plans.
2. Schedule contests at school sites whenever possible.
3. Make sure that other schools are notified in writing of all the necessary details such as time and place of the contest, dressing facilities, pre-contest procedure, and specific information which applies to the particular event.
4. Be in charge of contest officials, dressing facilities, payments, etc.
5. See that students and parents alike are aware of all local school regulations.
6. Allow for available seating accommodations.
7. Select a well-trained staff to handle the crowd.
8. Select experienced scorers and timers (when applicable) see that coaches abide by the Code of Ethics.
9. Make special arrangements for faculty members who wish to attend.
10. Organize the police (with duties clearly outlined) when large crowds are expected arrange for a person with authority to handle the public address system. The use of a student announcer should not be encouraged.
11. Have a good working relationship with the District and all District schools.

12. Pre-event publicity, including schedules, rosters, rosters of coaches and officials, and copies of new rules, should be provided to the news media as early as possible.
13. Pre-event publicity should include the name of the other schools competing, the records of both schools, the names of the coaches and performers of the other school, if available.
14. News and/or school reporters should have a place in which they can work during a school event.
15. Post-game publicity should be complete, including scores and other statistical information.
16. Attempts should be made, whenever possible, to get to know the representatives of the press. Good rapport with the media usually means good reporting by the media.

B. AN ACTIVITY/ATHLETIC DIRECTOR SHOULD NOT:

1. Forget for a moment that he/she is a representative of the school and District and that the school and District will be judged by the activity/athletic director's actions.
2. Make any decisions that are not in the highest ethical standards of sportsmanship.
3. Allow the use of horns, bells, drums, and whistles at contests, other than authorized pep bands.

XVI. COACH (Person in Charge)

A coach influences not only the conduct of performers under his/her direction, but also the behavior of the many thousands of spectators. The coach's example on the field, auditorium, classroom or court is more important in determining the behavior of the coach's team and that of the crowd than talks, programs, or expositions. In short, a coach's actions speak louder than words.

A. A COACH SHOULD:

1. Control his/her own emotions whenever his/her team is involved.
2. Show, through his/her own behavior, that the coach values self-restraint, fair play, and sportsmanlike conduct while in no way lessening the importance of the team winning the event.

3. Because of the coach's specialized knowledge, be the best qualified staff member for both adult and student orientation.
4. Confine remarks to officials only as allowed by the game rules of that sport.
5. Expect high standards of behavior from the team and tolerate nothing less.
6. Foster the best relationships with other schools and their coaching staffs by:
 - encouraging the players to shake hands with their opponents after the game and to be courteous at all times.
 - having a good working relationship with the District and District schools and be ethical in dealing with coaches, students, staff and parents.
 - being sensitive to such situations as a student losing control of himself/herself and remove potential troublemakers from the game before difficulty arises.
 - having knowledge of and adhere to League and NIAA and CIF rules.

B. A COACH SHOULD NOT:

1. Criticize or contact officials prior to or after the contest - criticisms should be made through the activity/athletic director.
2. Use films for public criticism of opponents or officials when films are taken.
3. Incite the displeasure of the spectators or players by his/her actions as evidence of the coach's disagreement with the decision of the officials.
4. Allow development of unfriendly relations and /or resentment towards opponents and their coaches as a device for motivating his/her team effort.
5. Recruit players either by deed, word, implication, or mute acceptance use profane or vulgar language.
6. Take undue advantage of out-manned opponents.
7. Allow development of unfriendly relations toward coaches within the coach's own school, officials, or other schools.
8. Smoke on or in vicinity of the performing area, drink any alcoholic beverages, or use drugs and narcotics (including chewing tobacco and snuff).
9. Forget for a moment that he/she is a representative of the school and District and that the school and District will be judged by the coach's actions.
10. Should not remove the school team or school athletes from contests for any reason other than safety of the players.

11. Pre-event publicity, including schedules, rosters, rosters of coaches and officials, and copies of new rules, should be provided to the news media as early as possible.
12. Pre-event publicity should include the name of the other schools competing, the records of both schools, the names of the coaches and performers of the other school, if available. News and/or school reporters should have a place in which they can work during a school event.
13. Post-game publicity should be complete, including scores and other statistical information.
14. Attempts should be made, whenever possible, to get to know the representatives of the press. Good rapport with the media usually means good reporting by the media.

XVII. OFFICIAL

The official has the major responsibility for the control of conduct during the contest. The official is charged with the responsibility of enforcing the word and the spirit of the rules guaranteeing the health and safety of the participants. The official must be aware of the objectives of high school co-curricular programs and of their place in our total educational process.

A. AN OFFICIAL SHOULD:

1. Meet the standards set by their official's association in order to be properly certified.
2. Study the rules of the event diligently, observe the work of other officials and attempt to improve at all times.
3. Conduct any discussion concerning decisions in a reasonable and controlled manner and as prescribed by the rules of the event.
4. Dress and maintain appearance in a manner befitting the dignity and importance of the event involved.
5. Honor all contracts, regardless of possible inconvenience.
6. Make decisions promptly but without snap judgment, firmly but without arrogance, fairly but with officiousness, and to base decisions on the rules regardless of the school, the closeness of the score, or the opinions of partisan spectators.
7. Conduct himself/herself in such a manner as to be a good example to the students who participate under his/her jurisdiction.

8. Keep in mind that the event is more important than the wishes of any individual student or coach or the ambitions of any individual.
9. Initiate complaints of school personnel through the proper channels.

B. AN OFFICIAL SHOULD NOT:

1. Smoke on or in vicinity of the performing area, drink any alcoholic beverages, or use drugs and narcotics (including chewing tobacco and snuff).
2. Discuss peculiarities or previous accounts of the teams involved with fellow officials prior to the event.
3. Criticize or question decisions of fellow officials to spectators or school personnel when observing a contest as a spectator.
4. Make comments and criticisms of fellow officials' decisions to the press or other media lose composure or objectivity when involved in rule interpretation or decisions with coaches, players, or spectators.

Those in education who work directly or indirectly with students should be cognizant of their responsibility to develop in youth proper attitudes of conduct. Listed below are statements of exemplary conduct which should or should not be instilled in players and students.

XVIII. PLAYER OR PERFORMER

A player/performer is not merely an individual - a player/performer also represents both the team and the school. A player's/performer's conduct reflects not only the coach's training, but the philosophy of the entire school as well. A player's/performer's actions, because a player/performer is a leader, must therefore be without reproach.

A. A PLAYER/PERFORMER SHOULD:

1. Participate as a member of a unit, showing respect for the team effort.
2. Be concerned primarily with participation in the specific event, leaving control of other people at an event to the appropriate officials.
3. Show respect for other players, coaches, and officials.
4. Realize that successful sportsmanship at a contest depends, to a large measure, on a player's actions. Thus, a player is courteous and mannerly in his/her department.
5. Make every honest effort to win an event but avoid deliberate actions which could cause harm or embarrassment to other performers.

6. Have a good knowledge of rules and regulations governing an event and try to abide by these rules.
7. Maintain standards of personal appearance that will be acceptable according to school dress and grooming codes.

B. A PLAYER/PERFORMER SHOULD NOT:

1. Show disrespect to other players/performers, coaches, or officials at any contest.
2. Deliberately cause injury or embarrassment to the opponent, regardless of the player's/performer's intense desire to win.
3. Agree to abide by standards of dress and grooming codes only to break them after being established as a member of the team.
4. Use profane or vulgar language.

C. A STUDENT SHOULD:

1. Have positive actions at a contest and not make remarks or signs which cause disorder and unruly conduct.
2. Attempt to be the crowd leader in showing good sportsmanship.
3. Abide by actions of players or officials without undue criticism
4. Avoid unnecessary noise or distractions

D. A STUDENT SHOULD NOT:

1. Abuse or vilify the officials, players, or spectators.
2. Fail to obey directions or reprimands of school or other officials.
3. Conduct himself/herself in a way which will discredit the school the student attends.
4. Cause any undue disturbance.
5. Arrive at a contest under the influence of alcohol or drugs.

XIX. CONFERENCES

In our continuing effort to establish and maintain clear lines of communication between the Athletic Department Staff and the parents/guardians of our student-athletes, the coaching staff will be available for conferences. *Please do not attempt to confront a*

coach before or after a contest or practice. Those can be emotional times for both the parent and the coach. Meetings of that nature, and at those times, do not promote resolution. The following guidelines will help make any conference a productive and positive experience.

XX. PARENT INVOLVEMENT GUIDELINES

- Each head coach will be available, upon request, for conferences.
- Parents can use the time to ask questions and obtain information.
- The coach will discuss what the student-athlete needs to work on or improve in order to maintain or increase his/her playing time.
- The coach will only talk to a parent/guardian about his/her own child.
- If the guidelines are not adhered to, the discussion will be terminated.
- If satisfaction is not obtained, the parent/guardian should then follow the instructions under Parent Complaints or Concerns.
- Parents who verbally abuse a coach may be liable for harassment/slander/defamation of character.

** It is the intent of the Athletic Department to provide an avenue for meaningful dialogue and communication between coaches and parents. Working together we can and will accomplish great things

XXI. PARENT COMPLAINTS OR CONCERNS

TO EXPRESS A CONCERN ABOUT SCHOOL PERSONNEL

If you have a concern or complaint, it helps to bring it to the attention of the correct people. In general, a parent should communicate first with the school and then with the appropriate office in the district administration.

1. Every effort should be made to resolve a complaint with the coach involved.
2. If the concern is not resolved with the coach, it should be submitted to the athletic director in writing.
3. If the concern is not resolved with the athletic director, it should be submitted to the principal in writing.
4. If the principal cannot resolve the problem, it will be submitted to the associate superintendent responsible for secondary education.
5. Concerns resolved at the associate superintendent level will be submitted to the chief of staff and, if still not resolved, to the superintendent.

